

DOCKDA RURAL DEVELOPMENT AGENCY

ANNUAL REPORT 2011

DOCKDA PLANTING TREES

“The best time to plant a tree is twenty years ago.... The next best time is now” An African Proverb.

In the near future DOCKDA will celebrate 20 years of rural development towards self-reliance. The development work is done in partnership with rural communities in the Northern Cape, South Africa. At the same time South Africa will also celebrate two decades of political freedom. DOCKDA takes pride that almost 20 years ago it took a proactive step of planting trees in order to contribute to the ongoing liberation of the marginalised rural communities in this country. The organisation is looking forward to celebrate its achievements and set new milestones for the road ahead.

Two decades is a long time especially in this country where life expectancy has dropped to 48 and 51 years for men and women respectively. AIDS related illnesses are the main contributing factors to South Africans dying younger. In the mid 90s life expectancy was projected at 62 years. What brought such drastic decline in life expectancy? How could a country allow such a catastrophic phenomenon to take place without taking fundamental preventative measures? Where is the current scenario heading to....? These are some of the many questions that the generation to come will demand answers from us.

Work in progress

South Africa, like many developing nations, is encountering countless complex social ills that demand radical interventions. DOCKDA is under no illusion that such interventions could be achieved by one particular sector of the society. Planned and purposeful social programmes must be well coordinated by all role players if the rural communities are to fully enjoy the political freedom in this country. The government, civil society, business sector, faith communities and the community at large must continue watering the trees they planted over the years. Yes, new trees must be planted as the dynamic society demands innovative and holistic strategies to address challenges.

DOCKDA has always held a view that both men and women are critical equal partners in addressing South African social problems. The Gender Justice Programme categorically defies the stereotypes that violence against women can only be solved by women. Without undermining the fact that women will probably identify better with same sex community workers, DOCKDA is proud to announce that we have men who are active facilitators in the Gender Justice Programme. This is one of the DOCKDA's programmes that directly tackle issues of gender inequality.

Regardless of the number of years that our country has been liberated from apartheid, we cannot talk of “freedom” until all members of the society are treated as equal partners. As highlighted above, HIV and AIDS is one of the challenging problems in South Africa. Gender inequities contribute to the spread of HIV, because some women are forcefully

exposed to HIV risk factors. DOCKDA believes that with a well coordinated effort all role players can maximise the limited resources available in this country to plant trees which will bear fruits to be enjoyed by all people living in it.

Proverbial tree in HIV and AIDS

May 2012 be a year of renewed inspiration to serve our communities to our utmost best. DOCKDA has and is still continuing to plant trees in the form of Wellness Programmes.

Two quotes from the first African woman to receive the Nobel Peace Award, Wangari Maathai:

"Those of us who have been privileged to receive education, skills, and experiences and even power must be role models for the next generation of leadership."

From Wangari Maathai's Nobel Lecture, delivered in Oslo, 10 December 2004

and

"Anybody can dig a hole and plant a tree. But make sure it survives. You have to nurture it, you have to water it, you have to keep at it until it becomes rooted so it can take care of itself. There are so many enemies of trees."

From the article "This Much I Know", *The Observer Magazine*, 8 June 2008

On behalf of the DOCKDA Board members, I sincerely thank the DOCKDA staff, community partners and the donors for the great work you have done by enabling the organisation to plant trees throughout the years. Many lives have been touched by DOCKDA, because of your selfless devotion and commitment to the organisation. The quality and longevity of lives have and will continue to improve in the rural communities we serve as a result of your direct and indirect contribution. As the roots of the trees continue to grow deeper, so is DOCKDA's journey.....

Eugene Machimana
Chairperson

DOCKDA Rural Development Agency

DIRECTOR'S REPORT 2011

To continue the analogy of planting trees, we have pursued that sense of generating hope in the deep rural areas of the Kgalagadi of the Northern Cape through 2011. The Kameeldoring or camel thorn tree is endemic and is the source of firewood for heating water and cooking, fencing the kraal or food garden to keep secure and other important purposes.

A quote from Nobel Peace Prize Laureate from Kenya, Wangari Maathai:

If we send man to the moon, why can we not plant a tree? African women in general need to know that it's OK for them to be the way they are – to see the way they are as a strength and to be liberated from fear and from silence.

BUILDING LEADERSHIP AT HOME BASED CARE (HBC) ORGANISATIONS

We pursued partnerships with eleven Community Based Organisations to strengthen women's leadership over two years. The Home Based Care (HBC) community organisations have been addressing the issues of HIV and chronic illness in their communities for several years. Based on the community development approach of *start with what you have, build on what you know* we applied the ABCD principles to our work with community organisations. The HIV and AIDS epidemic has been persistent within rural communities and lack of access to resources has not prevented organisations' efforts to curtail the harsh effects.

ABCD is one methodology that resonates with community members and DOCKDA staff & Board alike. Asset Based Community Driven Development promotes the identification of resources / assets available in the community and affirming all - *nobody has nothing* - through linking skills both personal and collective, forming associations, networks and drawing in other role players to advance opportunities for social change in their communities. We want to create new thinking and put aside the problem / needs based approach to community development which alienates communities from decision-makers.

Our DOCKDA Wellness Programme engaged 11 community organisations to build women's leadership and build knowledge in rural communities. The quality of partnership with HBC organisations was enhanced further through intensive mentoring throughout the year by DOCKDA team working from the Kimberley office. Mentoring organisations in the field gave members / participants a platform for continuing the dialogue, sharing experience of their application of knowledge from DOCKDA workshops and addressing the challenges in their organisations / communities. Raising consciousness and the methods and tools which stimulate critical thinking in organisations and communities is another important process.

We made small grants available to our partner organisations through our Gender Justice programme to address gender based violence in communities. This was our fourth year of

the Gender programme. The grant stimulated organisations to offer Gender workshops in their communities to build knowledge and share information on gender sensitivity / awareness / justice and gender based violence issues. The mentoring during the grant cycle is developmental and gives organisations direct experience of the grantmaking cycle they would encounter with other donors in the future.

During the evaluation of the 2010 Gender programme, community members requested that DOCKDA should extend the Gender workshops to men as women had been empowered but needed men to have their Gender knowledge and sensitivity raised. We trained men as Gender facilitators in the One Man Can programme to promote knowledge among community members both women and men. In addition we held a Gender Lekgotla during the 16 days of activism against violence towards women and children in December. A Lekgotla usually is conducted for decision makers who are culturally men only; we were stepping onto new ground and using new methodologies by including women with men, facilitated by our Wellness Programme Director, Gwen Mashope. She brought some new ideas after attending a three week course on facilitating change in communities at the Coady International Institute, Nova Scotia, in Canada during September 2011.

GOVERNANCE

The Board invited two new members to join the Board namely, Malekgoa Musa from Kimberley and Nadeema Taliep from Cape Town. They were welcomed for their expertise and passion for development & rural communities. The Executive Committee held three meetings during the year to oversee the day to day management and financial management of the organisation. We kept informed of statutory information through networking with other development organisations with particular reference to The Code of Good Governance for NPOs and the report launch on levels of accountability and transparency of the National Lotteries Distribution Trust Fund and The National Development Fund. DOCKDA continually seeks to promote good governance within our partner organisations & share relevant information with them.

Building women's leadership in rural communities and organisations has contributed in some way towards strengthening communities organising and developing their communities. Resilience, perseverance, ingenuity and resourcefulness are qualities that underlie women who established their Home Based Care organisations in the deep rural areas of the Kgalagadi of the Northern Cape.

The Board, staff and rural organisations have worked hard to integrate decisions on strategies, knowledge, new approaches to making the difference in the lives of villagers. Eugene Machimana has written of our commitment to this change towards transformation.

Tish Haynes

WELLNESS PROGRAMME DIRECTOR'S ANNUAL REPORT 2011

The goal of achieving self reliance among community based organizations in partnership with DOCKDA for 2011 has benefited eleven (11) organisations in the John Taolo Gaetsewe district municipality of Kuruman:

Bokamoso Home Based Care (HBC) organisation	Regolele Support Group
Boikanyego HBC organisation	Thusanang HBC organisation
Bosele HBC organisation	Tirisanommogo HBC organisation
Ikageng HBC organisation	Tswelelopele HBC organisation
Madidebabe HBC organisation	Youth United HBC organisation
Pelonomi HBC organisation	

DOCKDA'S intervention focuses on strengthening the organizations responses to the impact of HIV infection and AIDS through the following goals of the Wellness Programme:

- **HOME BASED CARE AND CARE OF OVCS** (Orphans and Vulnerable Children)
Care for the OVCs falls under the provision of Home Based Care. When the HIV infected parents or relatives of children progressively become weak, the Caregivers plan for the support of the remaining children and take on the role of the parents.
The group of OVCs 40 (M26/14F) aged 3 to 9 years had a day's outing with the Caregivers to enjoy the outdoors by visiting the Moffat Mission which is a historical site in Kuruman. The children were taken on a guided tour of the historical building and learnt about its historical significance to their area including the natural environment.
The children played ball games and each received an educational toy to take home.
Eight (8) Caregivers representing some of the organisations above travelled to Bethlehem, Free State to CCS (Catholic Community Services) an NPO, to observe and learn more about the models of care that can be adopted for services to the OVCs.

IKEMELENG MULTIPURPOSE CENTRE, Bethlehem

Caregivers also visited this organisation which caters for OVCs and mentally disabled children. The activities observed at this centre consists of a feeding scheme, and support for children to do their home work after school. They are also assisted by being connected with the local library so as to access learning material to do their school tasks.

ISIBINDI – Alfred Rens Centre, Kimberley. The Caregivers visited the above centre in Galeshewe, Kimberley as part of the exchange programme. They observed the Safe Park concept. They gained understanding of the importance of the project as it provides a safe play space for children. Children play in the presence and supervision of the Caregivers, receive assistance with doing their homework and also gain access to playing with educational toys.

The Caregivers learnt that the OVC coordinator has to fulfil to support school going OVCs from this exchange programme.

- **FOOD GARDENS**

Raising awareness about good nutrition especially for children's development has been the motivation for the establishment of the food gardens. Some of the produce has also been used to supply needy households. The six new partner organisations of DOCKDA received food garden training from in May 2011 attended by 24 female participants.

Eight (8) home based care organisations represented by 29 participants (28 F/ 1 M) attended training on Basic Vegetable Production later in May 2011 at Moffat Mission, Kuruman. The training was conducted by CCS. This was followed by onsite monitoring and mentoring during a field visit to each partner organisation in November to consolidate the learning, a total of 66

(61 F / 5 M) participants were involved. Organisations received individual attention on the problems they were experiencing on the produce and the implementation of the organic food garden methods.

The training workshop on organic food gardens and production involved learning about:

1. The importance of measuring the area for planting
2. Planning the sequence of crops for harvesting regularly
3. How to use people as resources (assets) to maintain the food gardens
4. Different costs to be covered when growing crops
5. How to plan the flow of money so that it will last until the first income arrives.

During the exchange programme DOCKDA partner organisations observed large organic food gardens in the Qwa Qwa region of the Free State.

They learned more about organic food gardens and the management of production of vegetables to generate income and alleviate poverty. This exposure demonstrated to the partners that production of fresh vegetables is possible and they were highly motivated. They also learned the importance of team work.

- **HIV AND AIDS**

The AIDS and ME workshop was attended by 23 (12F / 11 M) youth within the age group ranging from (18 to 24 years) from 11 to 14 December 2011. Some of the participants were learning for the first time that it is possible to prevent the baby being born with HIV although both parents could be infected.

The training workshop highlighted amongst others the importance of ARV treatment and breastfeeding.

Caregivers participating in this workshop felt confident to tackle issues of HIV infection better during counselling their clients and in raising awareness after gaining more knowledge from this session among community members.

- **GENDER**

The most striking and persistent feature of the organisations DOCKDA works with, is that these organisations are driven by women. The focus however this year was to promote gender awareness among men through gender training workshops. Men (20) with ages ranging (18 to 60) received training from Sonke Gender Justice to assist with facilitating gender based violence workshops with DOCKDA partners in their communities. Four (4) male facilitators had the opportunity to practise their new facilitation skills and conducted

(2) training workshops for (12 male) youth participants and 13 male adult participants in August 2011.

Eleven (11) DOCKDA partner organisations conducted GBV projects which were facilitated by male facilitators during the 16 Days of Activism on no violence against women 25 November to 10 December 2011 and they reached 855 participants in the Kuruman area. To consolidate the learning a gender lekgotla /dialogue was facilitated for 23 (12 F / 11 M) participants from DOCKDA partners 3 to 4 December 2011. The dialogue focused on individual behaviour change in relation to Gender. The methodology was participatory and created a safe space for dialogue.

- **ORGANIZATIONAL DEVELOPMENT**

Grant making is a vehicle that drives the learning in this goal. Organisations learn in the process of applying for the grant (R5000) for implementation of GBV (Gender Based Violence) projects on how to plan, manage/control the budget, coordinate activities, report and manage the process of implementing their set objectives. This is followed by monitoring by the DOCKDA team of community participants and 11 partner organisations. This offers an opportunity for intensive mentor as well, through:

REFLECTION: Organisations reflect in groups how they implemented

SHARING: During the sharing the groups relate their experience of planning up to the implementation.

ANALYSIS: During analysis Challenges and solutions are identified and feedback is received to build and support each other.

Five organisations were monitored on site during November 2012.

- **CARE FOR THE CAREGIVERS**

The limited sources of funding resulted in the scaling down of activities in this area. To compensate Caregivers have received Capacitar training. Capacitar exercises awaken the consciousness of people to their own energy. Caregivers use a lot of their energy to care for others in their communities. To support the Caregivers in order to heal themselves, breath work, Tai chi, and energy exercises were integrated into all activities conducted with them. Capacitar helped the Caregivers to connect with their patients, with each other and celebrate this bond together.

After a Tai chi movement - the shower of light - one participant at the workshop remarked "I feel fresh, like something is just – flowing in me".

- **LIFE SKILLS**

The Life Skills sessions are offered to the Caregivers and community leaders. These sessions offer an opportunity for the Caregivers to be adaptive to daily living, work situations and to enhance their people skills in serving others.

Gwen Mashope

SKILLS MANAGER'S ANNUAL REPORT ON LIFE SKILLS PROGRAMME 2011

The Life Skills programme focuses on essential basic Life Skills which will help the learners develop a personal lifestyle which will help them identify obstacles and find solutions to the problems, and ensure that the individuals are personally equipped to deal with every day hassles at home and at work. They will learn skills that will equip them to function more effectively as individuals and as members of the community.

DOCKDA aims to empower and build the learners and help them capitalize on their own attributes by using the Asset Based and Community Driven Development approach which promotes the motto "Start with what you have and build with what you know" DOCKDA offers the opportunity to change the learned negative behaviour by reinforcing positive behavioural change through the Life Skills and enable the learners to change the cycle of poverty of the mind, body and spirit.

The Life Skills programme will be seeking accreditation and the Life Skills materials are aligned to SAQA unit standards. They are divided into three sections:

Personal Development: Restructuring one's own life story, Self Esteem, Self Concept, Self Acceptance, Personality Development, Positive Thinking, Motivation, Self-Actualisation, Goal Setting, Meaning and Attitude to Success, Problem Solving, Decision Making, Time & Stress Management.

Coping skills: Coping with Human Sexuality, Shyness, Loneliness, Depression, Fear, Anger and Verbal Abuse, HIV and AID, Alcoholism and Substance Abuse, Failure, Criticism, Conflict, & Change

Preparation for work: Learning studying skills, Leadership, Team Work, Career Guidance & Work Environment.

In 2010 the Life Skills facilitators and 3 DOCKDA staff in Kimberley attended the Assessor training offered by Service SETA. In 2011 the facilitator and 2 DOCKDA staff in Kimberley attended the Facilitator training in Bethlehem offered by Thabiso Skills Institute, they were found competent for both trainings which will contribute to the accreditation of the Life Skills programme.

The partner organizations that were part of Life Skills Course 2011:

Regolele Support Group

Bosele Home Based Care (HBC)

Boikanyego HBC

Tirisanommogo HBC

Pelonomi HBC

The Life Skills had the honour of meeting representatives from the Netherlands donor who wishes to remain anonymous which is funding the Life Skills programme and Ms. Mamo

Mohapi from Charles Stewart Mott Foundation and they were accompanied by DOCKDA's Director and the Wellness Programme Director.

The Life Skills programme funding was decreased and it affected the programme. We had to cut down on the number of sessions and that affected how the sessions were delivered but the Life Skills programme was completed successfully, with the support of two competent, experienced Life Skills facilitators: Thato Mashope and Nombulelo Mopeli.

30 participants registered for the Life Skills programme 2011. A Certificate Ceremony was held in recognition of the participant's commitment to the Life Skills programme. Mr. Lebogang Seetile a representative from the Provincial Department of Social Service shared information about youth centres in Kuruman and other enriching programmes the Department offers.

Essentially the Life Skills course will help the participants know and understand themselves better, live life more consciously, attain personal satisfaction and fulfilment and make a contribution to community.

Compiled by: Kelebogile Wechoemang

Skills Manager

Financial Manager's Report 2011

Donor grants received in 2011 increased by 21% compared to the previous financial year. This is, we believe, a reflection of the faith and commitment that long-term funders and new donors have in DOCKDA and the impact of our work, conducted over many years, in the Northern Cape.

DOCKDA programmes were supported by the following donors during 2011: Charles Stewart Mott Foundation, Canadian International Development Agency (CIDA), MAGI Multi Agency Grants Initiative, Misereor and the National Lottery Distribution Trust Fund. An anonymous donor supported the Life Skills Programme.

Aimed at securing DOCKDA's sustainability, the John Fortuin Fund continued to grow, increasing by 20% to R693 922 since its establishment in December 2005 with a first-time deposit of R13 000. DOCKDA remains committed to the long-term sustainability of the organisation and careful management of its financial resources (including donor grants). During the financial year it was decided to change our investment portfolios to BoE Private Clients, which offers a more favourable return on cash investments. DOCKDA looks forward to growing the fund in 2012 with the aid of an improved investment rate. The sustainability fund will serve to tide DOCKDA over in times of financial challenge or when strategic project implementation is needed to grow the organisation.

DOCKDA achieved an unqualified audit opinion for the financial year ended 31 December 2011. The DOCKDA staff and board remain committed to stringent financial systems and controls to ensure accountability to both our donors and the beneficiaries in the rural communities where DOCKDA's

Wellness Programme is implemented. DOCKDA has a committed treasurer who, along with the support of the board, continues to play a mentoring role and monitors the financial, human resource and strategic decisions of the organisation.

With each new donor, or changes in the reporting requirements of existing donors, comes the opportunity to reconsider the accounting and internal control systems to ensure that donor requirements and International Auditing Standards are met. These changes give staff the opportunity to be mentored by the financial manager, which enables them to expand and develop their financial and administrative skills. In these lean financial times DOCKDA staff has done well to budget expenditure prudently, resourcefully and cost-effectively without compromising the value and quality of the work done.

Kerry Soderlund
Financial Manager

Our grateful thanks to our rural partner community organisations and NPOs of the Northern Cape, to our donor partners, the DOCKDA Board and many other friends who are concerned for the social development of rural communities and rural women leaders.

Please see list of donor organisations that supported our work to advance rural women's leadership and civil society and Audited Financial Statement for 2011.

Stichting Porticus



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INDEPENDENT AUDITORS REPORT

To the Board of

DOCKDA RURAL DEVELOPMENT AGENCY

We have audited the annual financial statements of Dockda Rural Development Agency, which comprise the statement of financial position, the statement of income and retained earnings the statement of cash flows for the year ended 31 December 2011, and a summary of significant accounting policies and other explanatory notes, as set out on pages 3 to 9.

Boards Responsibility for the Financial Statements

The Board is responsible for the preparation and fair presentation of these financial statements in accordance with the organisations accounting policies. This responsibility includes : designing, implementing and maintaining internal controls relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error, selecting and applying appropriate accounting policies, and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with International Standards of Auditing. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance whether the financial statements are free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the entity's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the Board, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

Opinion

In our opinion, the financial statements fairly present, in all material respects, the financial position of the organisation at 31 December 2011 and the results of its operations and cash flows for the year then ended in accordance with the accounting policies adopted by the organisation, as referred to on page 7 of the financial statements.


HARRY CURTIS & CO.
CHARTERED ACCOUNTANTS (SA)
REGISTERED AUDITORS

Cape Town

8 March 2012

Member: H.D.Curtis, B.Com, CA(S.A.)

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DOCKDA RURAL DEVELOPMENT AGENCY

ANNUAL FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2011

STATEMENT OF INCOME AND RETAINED EARNINGS

	<u>Notes</u>	<u>2011</u> R	<u>2010</u> R
INCOME		3,181,934	2,636,541
Grants Received		3,054,003	2,519,407
Anonymous		427,135	767,661
Canadian International Development Agency (CIDA)		332,489	103,935
Charles Stewart Mott Foundation		408,000	309,739
Embassy of Finland		-	47,210
Misereor		202,026	222,434
Multi Agency Grants Initiative (MAGI)		96,516	213,225
National Lottery Distribution Trust Fund - Project No 33317		301,335	488,385
National Lottery Distribution Trust Fund - Project No 41089		1,286,502	366,818
Other Income		127,931	117,134
Interest Received	4	123,538	111,768
Sundry Income		4,393	5,366
 EXPENDITURE		 2,701,074	 2,521,284
Administrative Expenses	5	1,207,369	929,676
Programme Expenses	6	1,493,705	1,591,608
 SURPLUS FOR THE YEAR		 480,860	 115,257
TRANSFER TO JOHN FORTUIN FUND	2	(116,545)	(99,243)
ACCUMULATED FUNDS AT BEGIN OF YEAR		17,589	1,575
 ACCUMULATED FUNDS AT END OF YEAR		 381,904	 17,589

DOCKDA RURAL DEVELOPMENT AGENCY

ANNUAL FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2011

STATEMENT OF CASH FLOWS

	<u>2011</u> R	<u>2010</u> R
CASH FLOWS FROM OPERATING ACTIVITIES		
Surplus for the Year	480,860	115,257
Accumulated Fund	480,860	115,257
John Fortuin Fund	-	-
Working Capital Changes	(1,406,903)	1,880,130
Accounts Receivable	(20,477)	10,029
Accounts Payable	1,661	(1,733)
Receipts in Advance	(1,388,087)	1,871,834
Cash Utilised in Operating Activities	<u>(926,043)</u>	<u>1,995,387</u>
CASH FLOWS FROM INVESTING ACTIVITIES	<u>-</u>	<u>-</u>
CASH FLOWS FROM FINANCING ACTIVITIES	<u>-</u>	<u>-</u>
CHANGE IN CASH RESOURCES FOR YEAR	(926,043)	1,995,387
CASH RESOURCES AT BEGIN OF YEAR	3,059,044	1,063,657
CASH RESOURCES AT END OF YEAR	<u>2,133,001</u>	<u>3,059,044</u>